

Oahe Family YMCA Football Skills Camp

The Oahe YMCA, working with the Governor staff and players, are offering Football Skills Camp. Coaches from both the Governor's staff and current players will run this camp which will stress the fundamentals of football and improving the players' fitness level. Given the special circumstances this year, this will be a non-contact camp. We will emphasize distancing and when working in groups, players will remain with the same group for the entire camp to minimize mixing as much as possible. Time will be spent each session sanitizing equipment and balls.

Skills and concepts covered during the camp: passing, catching, ball handling, tackling (donuts & dummies), blocking, special teams, position instruction and more.

Dates: June 22-July 9

Times: 9:45am – 10:45am for 3rd and 4th graders
11:00am – 12:00 for 5th and 6th graders

Days: Mondays - Thursdays

Cost: \$65.00 members/ \$80.00 non-members

Who: Camp is open to 3rd – 6th graders (Fall 2020).

Where: Camp will be held at the Riggs lower practice field.

Players must be pre-registered for camp. Deadline for camp is June 8th.

CAMP WILL BE HELD AT THE RIGGS LOWER PRACTICE FIELD – ACROSS FROM THE YMCA

Financial Assistance is available for those that qualify. Apply for assistance at the YMCA front desk.

Form must be filled out completely – please print clearly.

Name _____ **Grade this Fall** _____

Date of Birth _____ Age _____ YMCA member _____ Non-member _____

Height _____ Weight _____

Address _____ City _____

Home # _____ Mom's work _____ Mom's cell _____

Dad's work _____ Dad's cell _____

Parent/Guardian's names _____

Email address _____

_____ **I would like to donate to the purchase of tackle football equipment. Amount enclosed** _____.

Thank you for your support!

WAIVER: In consideration of the YMCA's acceptance of my participation in the above named program, I waive any and all claims for myself, and my heirs that I may have against the Oahe YMCA, its Board of Directors, Pierre Public Schools, employees, sponsors, officials, and volunteers for any injury or illness which may directly or indirectly result from my participation. The YMCA does not carry liability insurance; you are responsible for all injuries. I further state that I am in proper physical condition to participate in this program.

The Pierre and Stanley County School Districts neither endorse nor sponsor this organization or the activity represented in this document. The distribution of this material is provided as a community service.

Guardian's Signature _____

Football Camp

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YMCA Use only

Player's Name _____ Weight _____

EQUIPMENT	Checked Out	Checked In	Cost
EQUIPMENT BAG	# _____	_____	\$15.00
HELMET	_____	_____	\$100.00
SHOULDER PADS	_____	_____	\$50.00
PANTS W/PADS	_____	_____	\$40.00
REPLACEMENT TOTAL OWED			_____

READ CAREFULLY BEFORE SIGNING:

I (and my guardian) promise to do my very best to not lose and to take care of the above equipment that has been checked out to me. I will return all equipment, **CLEAN**, to the Oahe Family YMCA on the equipment return date. **If I do not return the equipment on the scheduled date I will be charged a late fee until the equipment is returned. If I fail to return the equipment I will reimburse the YMCA the cost listed above for each piece not returned.** I understand that if I do not return my equipment and do not pay the reimbursement fee I will no longer be allowed to play in the Oahe Family YMCA tackle football league.

Player's Signature _____

Guardian's Signature _____



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FOR HEALTHY LIVING
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